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Implementing the 2017 Quality standard on Transition between Mental Health Settings

The Transition between inpatient mental health settings & community or care home settings

Monday 5 February 2018 De Vere West One Conference Centre, London



Chair and Speakers Include:

Dr Sarah Vicary

Specialist Committee Member Transition between inpatient mental health settings and community or care home settings *Quality Standard Senior Lecturer, Senior Fellow HEA, Staff Tutor* Faculty of Wellbeing - Education and Language Studies School of Health Wellbeing and Social Care The Open University

Dr John Devapriam

Clinical Director - Acute & Low Secure Mental Health Services and Consultant Psychiatrist Leicestershire Partnership NHS Trust *Committee Member* GDG service models for people with learning disabilities *Chair* Quality Network for Learning Disabilities

Supporting Organisation



Implementing the 2017 Quality standard on Transition between Mental Health Settings

The Transition between inpatient mental health settings & community or care home settings

Monday 5 February 2018 De Vere West One Conference Centre, London

This conference will focus on the implementation of the NICE Quality Standard for Transition between inpatient mental health settings and community or care home settings.

The NICE Quality Standard for Transition between inpatient mental health settings and community or care home settings published September 2017 makes the following 4 statements:

- People admitted to an inpatient mental health setting have access to independent advocacy services.
- People admitted to specialist inpatient mental health settings outside the area in which they live have a review of their placement at least every 3 months.
- People discharged from an inpatient mental health setting have their care plan sent within 24 hours to everyone identified in the plan as involved in their ongoing care.
- People who have a risk of suicide identified at preparation for discharge from an inpatient mental health setting are followed up within 48 hours of being discharged.

Throughout the day this event will systematically address these statements by looking at advocacy, pilot sites working towards reducing out of area admissions, successful care planning for recovery and suicide prevention strategy.

By attending this one day Transition between Mental Health Settings conference, you will benefit from extended interactive sessions, as well as looking at current pilot sites and best practices, will be provided with practical information and inspiration to take back to your organisation and utilise in implementing the NICE Quality Standard for Transition between inpatient mental health settings and community or care home settings in your organisation, ensuring your service effectively supports people with mental illness to successfully transition through services to discharge and recovery.

"By using savings to increase the availability of services in the community and ensuring the right beds are in the right place, we aim to ensure that those who need it will be able to receive the best care and treatment at home or as close to home as possible." Claire Murdoch National Director for Mental Health NHS England

This conference will enable you to:

- Understand how you can better support patients transitioning between Mental Health Settings
- Network with colleagues working to reduce out of area admissions and improve patient experience for service users transitioning between Mental Health Settings
- Understand and reflect on what you need to do, to improve the consistency and support for service users transitioning between Mental Health settings
- Learn from current pilot sites redesigning Mental Health services
- Update your knowledge on national and local developments and current NICE Quality Standards to ensure compliance
- Identify key strategies for improving the transition process for people within and following discharge of Mental Health services
- Examine your role in improving the transition for service users between Mental Health settings
- Self assess and reflect on your own practice and how improvements can be made for transitioning Mental Health patients
- Gain CPD accreditation points contributing to professional development and revalidation evidence

10.00 Chair's welcome

What is expected: Implementing the 2017 Quality Standard on Transition between inpatient mental health settings and community or care home settings

Dr Sarah Vicary

Specialist Committee Member

Transition between inpatient mental health settings and community or care home settings Quality Standard

Senior Lecturer, Senior Fellow HEA, Staff Tutor

Faculty of Wellbeing - Education and Language Studies

School of Health Wellbeing and Social Care The Open University

- The evidence
- the 4 new quality statements and what they mean for you
- implementing the quality standard

10.30 The importance of advocacy for mental health patients in transition

Christine Noble

Area Manager

South West seAp

- the impact of independent advocacy
- creating strong partnership working relationships
- how can advocacy help in reducing length of stay
- advocacy to empower better decisions and recovery

10.55 How it feels to transition through mental health services

Paul Scates

Senior Peer Specialist

Campaigner & Ambassador

- how does it feel to be admitted to a mental health service
- what is important for people transitioning through mental health services
- how to create a good service experience

11.20 Question and answers, followed by tea & coffee at 11.30

Pilot sites: reducing out-of-area mental health patient placements

11.55 Eating Disorders service redesign, a new care model to reduce out-of-area admissions

Andy Weir Associate

Director – Specialist & Learning Disability Services

Leeds and York Partnership NHS Foundation Trust

- how we are working towards eliminating out-of-area mental health admissions
- redesigning services to meet demand: evidence and commissioning
- recording outcomes: our progress to date
- moving forward to achieve the 5YFV

12.20 Commissioning to improve services and care through partnership

Speaker to be announced

- commissioning to reduce in-patient hospital treatment or if in-patient treatment is necessary ensuring it is closer to home
- working in partnership: take home ideas for partnership working
- tailoring mental health care to local area needs

12.45 CAMHS service redesign, a new care model to reduce out-of-area admissions for young adults in mental health services

Speaker to be announced

- our virtual hub
- using a single point of access for all patients
- improving out of hospital care pathways
- Increasing specialisation of care

13.10 Question and answers, followed by lunch & exhibition at 13.20

14.10 Extended session: Care plans for effective discharge communication

Dr John Devapriam

Clinical Director - Acute & Low Secure Mental Health Services

and Consultant Psychiatrist Leicestershire Partnership NHS Trust

Committee Member

GDG service models for people with learning disabilities

Chair Quality Network for Learning Disabilities

- effective discharge care planning for high quality service provision, continuity of care and the recovery journey
- discharge or transfer of care?
- care plans for staying well and recovery
- how can you improve your care plan process for improved patient experience and recovery
- discussion

14.50 Peer support for patients in transition through services

Angela Newton

Director of Service User Involvement

Together for Mental Wellbeing

- peer support for improved patient experience in mental health transition
- the benefits of peer support on admissions, discharges and in crisis prevention
- barriers and fears?
- how could your service support peer support to happen more?

15.15 Question and answers, followed by tea & coffee at 15.25

15.50 Reducing suicide risk after discharge: suicide is avoidable death

Jane Boland

Suicide Prevention Clinical Lead Centre for Perfect Care

Mersey Care NHS Foundation Trust

- using the Henry Ford Hospital System to reduce suicide
- developing a competent workforce to prevent suicide
- providing intensive care particularly follow-up after inpatient and in times of crisis
- using co-production and collaboration

16.20 "left to cope alone" life after crisis discharge

Sophie Corlett,

Director of External Relations

Mind

- Mind call to action
- what is the right care and support?
- aspirations for care after hospital

16.50 Question and answers, followed by close at 17.00

Transition between Mental Health Settings

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 5 February 2018

Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 £300 + VAT (£360.00) for voluntary sector / charities.
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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